

JCC FITNESS & AQUATICS CENTER

Aquatics Schedules

October 1 – October 31

Programming may impact areas available. Schedules subject to change.

INDOOR POOL		87° - 89° TARGET TEMP RANGE	
	MONDAY - THURSDAY	FRIDAY	SATURDAY/SUNDAY
LAP SWIM (2 LANES)	12:00 pm - 4:00 pm 7:00 pm - 8:30 pm	6:00 am - 6:30 pm	12:00 pm - 6:30 pm
OPEN SWIM	12:00 pm - 4:00 pm 7:00 pm - 8:30 pm	6:00 am - 6:30 pm	12:00 pm - 6:30 pm
SWIM LESSONS	4:00 pm - 7:00 pm*		9:00 am - 12:00 pm*

* Limited space available during programming

OUTDOOR POOL		81° - 83° TARGET TEMP RANGE	
	MONDAY - THURSDAY	FRIDAY	SATURDAY/SUNDAY
LAP SWIM (3-6 LANES)	6:00 am - 4:30 pm* 6:00 pm - 8:30 pm	6:00 am - 6:30 pm	7:30 am - 12:00 pm 12:00 pm - 6:30 pm
OPEN SWIM	6:00 am - 8:30 pm*	6:00 am - 6:30 pm	9:00 am - 12:00 pm** 12:00 pm - 6:30 pm
LAP SWIM (1 LANE)	4:00 pm - 6:00 pm*		
MASTERS (3 LANES)	TUESDAY/THURSDAY ONLY 5:45 am - 6:45 am		

* Limited space available during programming | ** Open Swim limited to teaching square during this time.

303.316.6300 | jccdenver.org/aquatics

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SWIM TEST POLICY

Children must be able to pass a swim test in order to be in water without adult supervision. The swim test includes swimming one length of the shallow side along the rope of the appropriate pool without using a flotation device. Upon passing, children will be given a wristband to wear. Lifeguards may test at their discretion.

****Children below the age of 12 who cannot pass a swim test must be within arms reach of an in water supervising adult.****

LIGHTNING POLICY

All outdoor pools will be closed if lightning is within 5 miles of the facility. Lifeguards will use WeatherBug, area code 80246, to determine if lightning is within 5 miles. Once the lightning is outside of the 5 mile range, aquatic staff will re-evaluate and reopen the pools if deemed safe.

SEVERE WEATHER POLICY

If the forecast for the day is below 35° F at any point, the pool will be closed for the entire day.

If the weather is determined to be too severe and not safe for members or staff, we will close the pool until it is safe again to reopen.

POOL RULES

- No swimming allowed without the presence of a lifeguard
- Diving is only permitted in water at least 9' deep
- Any child below the age of 12 must be within arm's reach of an in water supervising adult, or pass a swim test
- Patrons with exposed wounds, cuts, or similar conditions should not use pools as pool usage could result in those areas becoming infected
- Spitting, spouting water, or blowing the nose in the pool is prohibited
- Running, boisterous play, or rough play is not permitted in the pool area
- Hazardous, breakable objects like glass, crockery, bottles or such are prohibited in the pool area
- Smoking is prohibited in the pool areas
- Please share lap lanes by splitting the lanes or circle swimming
- Please use locker rooms to change clothes
- Emergency Phones are located in the Aquatics Offices and Outdoor Pool Deck
- Additional rules may be enforced at the discretion of the lifeguard

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